Gerson Therapy and Stem Cell Transplant

Q. Can I do the Gerson Therapy after a stem cell transplant?

A. A stem cell transplant replaces defective or damaged cells in patients whose normal blood cells have been crowded out by cancerous cells. Transplants can also be used to treat hereditary disorders such as sickle cell anemia or to help patients recover from or better tolerate cancer treatment. Stem cells for transplant come from the following sources:

**Allogenic transplant:** stem cells from a donor whose tissue most closely matches the patient. Due to the immunosuppressive drugs and massive amounts of chemotherapy given for a bone marrow transplant, it is highly unlikely for the Gerson Therapy to be effective. The Gerson Clinic does not accept these patients.

**Autologous transplant:** replacement cells are taken from the patient’s own bone marrow before chemotherapy. Even though there is no foreign tissue being implanted, the large amounts of chemotherapy would lessen the chances of the Gerson Therapy being effective.

**Umbilical Cord or placental transplant:**
This is a new procedure which can be used for tissue regeneration. We do not have experience using the Gerson Therapy with these cases and specific recommendations cannot be given.

If anyone attempts on their own to use the Gerson Therapy for any of the above situations, it is advised to start with a very reduced and modified version of the therapy and monitor carefully.